

Appendix 1

1. Where to Seek Help and Guidance

1.1 The following local services provide information and advice on drug and alcohol issues to users, relatives and friends. Access to treatment services are also available via these agencies:

ADULT SERVICES	
Addiction Counseling Trust (Aylesbury and Wycombe)	01296 425329 or 01296 565674
SMART (Arrest referral) and DIP(Aylesbury and Wycombe)	01296 565120 / 565116 or 01494 474804
Specialist Community Addiction Service (Aylesbury)	01296 565100
Specialist Community Addiction Service (Wycombe)	01296 565674
Progress to Work – Turning Point County Wide	01189 585631
Connection Housing Support County Wide	01296 611496
YOUNG PEOPLE'S SERVICES	
Youth@ACT (Young People's Outreach)	01296 718710
Drugs Education Prevention and Awareness Programme (DPEAP)	01296 427797
Addaction (Young People's Structured drug and alcohol treatment)	01296 331933
Connexions (Advice and support to young people)	01296 392424
Drugs Education Consultancy and Support to Schools	01296 334994
CAMHS (Substance misuse and mental health services young people)	01494 476140

1.2 National Services

Drinkline (National Alcohol Help line) Tel: 0800 917 8282	Free and confidential advice and information
Alcoholics Anonymous Tel: 020 7833 0022 www.alcoholics-anonymous.org.uk	Information on local support groups
Alcoholics Anonymous 0700 0121200	Help Line
Al-Anon Tel: 0171 403 0888	Confidential information / advice and local support groups for relatives of people with alcohol related problems
Al-Ateen Tel: 0171 403 0888	as above but aimed at children / young people whose lives have been affected by alcohol in the family
Talk to Frank 0800 776600	24 hour confidential, free service providing information on all aspects of drug use. Has a database of nationwide agencies offering treatment services
Narcotics Anonymous Tel: 0171 730 0009	Information on local support groups
Resolv Tel: 0800 800 2345 www.re-solv.org	provides information for the prevention of solvent abuse
Drugscope Tel: 020 7928 1211 www.drugscope.org.uk	advise on policy development and how to reduce drug related risk. Provides information on different drugs and trends in misuse
Adfam National Tel: 020 7928 8900	confidential support, information on drugs and local support groups for families and friends of drug users. Helpline available – Monday, Wednesday, Thursday and Friday – 10am – 5pm
Release Tel: 020 7603 8654	offer range of services dedicated to meeting the health, welfare and legal needs of drug users and those who work with them