





## **OxWell School Survey 2021** University of Oxford Ethics Approval Reference: R62366/RE0011

## Dear Headteacher

We are pleased to launch the OxWell School Survey 2021 for pupils in Year groups 5 - 13. This survey was conducted in Buckinghamshire and across the South of England in 2020, and we were able to learn about a range of important mental health and well-being factors, including pupils' experience of COVID-19, school closures and associated challenges. The 2021 survey is being offered to schools in Buckinghamshire with funding being provided by Public Health. There is no charge for schools to take part. Tailored results will be available to schools as quickly as possible, to inform schools about the needs and experiences of their pupils.

This year we hope to gather data from the majority of schools in the county, to provide a comprehensive picture of pupils' attitudes and behaviour, and how this relates to their wellbeing. This will help local services to ensure that resources available can be targeted to areas of most need. Schools, the Council, and partners will use summaries of the survey to support the implementation and evaluation of the curriculum and services, and to monitor the impact of interventions, eg Peer Support in Schools programme as well as in school interventions.

The questions in the survey address a range of issues relevant to children and young people's wellbeing. The Primary, Secondary, and the Year 12/FE surveys differ slightly and are age appropriate, approved by the University of Oxford Research Ethics Committee. The survey is designed to be engaging and easy for pupils to use. It takes most pupils about 30 minutes to complete and can be comfortably fitted into a lesson period. Participating schools and colleges will receive summary reports of their own results from July 2021, which can be compared with the county averages from this year and last year. Access will be given to online data summaries in the Autumn. The OxWell School Survey will be live for pupils to access from Tuesday 11<sup>th</sup> May.

Children and young people's mental health and emotional wellbeing is a key priority in our local Recovery Plan. We also support schools to implement high quality compulsory Relationships and Sex Education and Health Education (RSHE). Within the Public Health team support is available from: Carol Stottor - Public Health PSHE Lead - <u>Carol.Stottor@buckinghamshire.gov.uk</u> <u>Anita Hazel - Public Health Practitioner Mental health and emotional wellbeing -</u> <u>Anita.Hazel@buckinghamshire.gov.uk</u>

If you would like to invite pupils in your school to take part, please complete the online sign-up form (<u>https://bucksopsmonitor.fabsurveys.co.uk/SchoolsAdmin/SchoolSignUpForm</u>) or email <u>paule@fabresearch.com</u> providing school/college and contact details. Background information of the survey can be found on the research team's webpage (<u>https://www.psych.ox.ac.uk/research/schoolmentalhealth</u>).

Schools that sign up will receive an information pack from the research team, including logistics for schools, and survey information for parents and pupils. Information for pupils will also include details of local and national support services. We will also be running online information sessions for which you can sign up here: <a href="https://bucksopsmonitor.fabsurveys.co.uk/SchoolsAdmin/EventSignUp">https://bucksopsmonitor.fabsurveys.co.uk/SchoolsAdmin/EventSignUp</a>.

Yours sincerely

Dr Jane O Grady Director of Public Health

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On behalf of Dr Karen Mansfield and Dr Mina Fazel University of Oxford Department of Psychiatry Email: <u>Pathfinder@psych.ox.ac.uk</u>